

Do you feel...

*out of control
when facing conflicts
or challenges?*

*frustrated when you
do something different
than what you
previously planned?*

*you struggle with old
thoughts, depressive
moods and behaviors
that are not productive?*

HEALING THE INNER CHILD WORKSHOP

“The child is the father of Man” – William Wordsworth

*emotionally stressed
and physically tired
more times than not?*

*trapped by your own
self-defeating and
non-thinking behaviors?*



Quantum Coaching presents “HEALING THE INNER CHILD,” a workshop led by Bill Dean and Quantum Coaches Melvy Murguia and Bobbi Nesheim.

Bill Dean is the facilitator of the workshop and your guide to assist you in your healing. Since 1978, Bill has worked with tens of thousands of adults, children and families to assist them to find and walk their chosen heart path. His work is taught throughout the United States, Asia, Mexico and Central America.

IF YOU EXPERIENCE the above feelings in many areas of your life, you will want to deal with your ‘core’ issues. Strong emotional reactions to people or experiences tend to push our internal energy buttons and feelings of fear, anger, helplessness, resentment or pain surface and take over the personality. Common sense tells us we need not behave reactively to things we feel are out of our control yet that inner child is very strong and often forces common sense into the background,

Consider that we adults often live our lives through an ‘inner child’ perspective, having never had the opportunity to heal those wounds. Core beliefs, behavioral patterns and traits were groomed into our subconscious during childhood and we are simply playing out those patterns. Protective and survival coping skills that served us as children have become impulsive habitual behaviors that drive our choices unconsciously and automatically. When we become conscious of the decisions we make, recognize the power of choice we have, and accept our inner Self, we move forward with clarity, creativity and a new found wisdom.

The “Healing Your Inner Child” experiential workshop will serve to unveil core self-limiting beliefs through visualization, exploration and feedback to transform and access inner strength, courage and acceptance with the power of choice to create freedom and joy.

Discover how to:

*Understand and heal
the issues that keep
resurfacing in your life*

*Uncover the child's
wounds and understand
how as an adult you
react to the stories you
tell about yourself*

*Use the power of
conscious choice,
compassion and
unconditional love*

IMAGINE THE POSSIBILITIES!

*Recognize and intervene
with unwanted thoughts,
feelings and influences*

*Heal and nurture your
Inner Child, who was
the creator of the stories,
who now deserves to
live in love*

*Turn the key to intimacy
in relationships' well-being,
creativity and enthusiasm
for yourself and others*

*Connect with your
playful, intuitive and
spontaneous self and
experience vitality in life*

JOIN US FOR THIS THREE-DAY WORKSHOP

Friday, March 1, 2013	7pm to 10pm
Saturday, March 2, 2013	9am to 8pm
Sunday, March 3, 2012	9AM to 5PM

WHERE
2999 Overland Ave, Ste 205 | Los Angeles, CA 90064

WORKSHOP FEE*
Early Bird fee: \$325 (if registered by Jan 20th)
Regular fee: \$375

*Fee includes:
three day workshop, Sat & Sun lunch and Sat night dinner

Register at <http://www.quantumcoaching.com>
For further information call (323) 782-1925

*A child who does not play is not a child, but the man who
does not play has lost forever the child who lived in him.
~Pablo Neruda*

